

# Decoupage Heart

# Materials

1 plain Plaster Heart

1 Serviette/paper napkins of your choice

White Paint

-Passion for DIY White Christmas

PVA Glue mixed 50:50 with water

Sealer ( we used Passion for DIY)

You can use this process on any project but we used a plain plaster heart from Verdigris Studio.

Choose a serviette or decorative paper napkin with a design you wish to use on your heart.

When using serviettes for decoupage you need to be aware that any white parts become transparent and will show the underneath colour so if you are going to overlap the tissue the underneath colours will show through. This also means you will need to paint the back ground white so that you get the full impact of your chosen pattern.

1 Choose your Seviette or paper napkin and separate the layers of tissue. You will find that some have 2 layer or some have 3 layers, you must remove all of the plain tissue layers so you only have your printed layer left. Paint your heart white if you have chosen a light coloured seviette and dry it completely.

Cut the section of tissue you want to use so it fits right over your heart with an overhang of about 1-2cm all around.

[See Video #1](#)

2 Place the heart on top of an old jar or one of your paint pots to lift it off your work surface.

3 Apply a good coat of your 50:50 glue mix over the top of your heart.

4 Place your chosen serviette over the heart, choose placement carefully as when serviette becomes wet it is very fragile and not easily moved.

5 Cut a piece of Glad Wrap and place on top of the serviette, pull down firmly being careful not to stretch the tissue and rip it.

6 Smooth over the entire heart on top of the Glad Wrap with your fingers quite firmly, smoothing out any wrinkles. When you put a flat surface over a curved surface you are bound to get wrinkles and this is ok. Remove Glad Wrap & Dry.

[See Video #2](#)

7 If Drying with a hair dryer make sure you blow straight down o top of the heart, if you blowside on you may cause the tissue around the edges to rip.

8 Once completely dry you can pick the heart up in your hand and turn it over. Paint the glue solution all around the edge on the back and pull the excess onto the back surface with the brush until it is glued down all around.

9 You can now take a piece of your original serviette and strip it down to one layer, rip or cut a piece to fill in the rest of the back. Glue it down, covering the hole intended for hanging at this stage and once again dry completely.

[See Video #3](#)

10 Now you are ready to seal the tissue heart but before you do take a pen or pencil and poke it through the tissue into the hole you covered on the back. The sealer will help stick it down.

11 With a clean brush apply the sealer to the top of your heart, you don't need much as you don't want dribbles or runs. You will need to apply 2-3 coats on your heart to seal it properly and give it a light sheen. Make sure you dry in between coats and seal the back as well.

Give your heart 24 hours to dry completely before hanging on the wall.

[See Video #4](#)

This is such a great technique that you can apply on other exciting projects.

The technique is the same whatever the size project you are working on.

I hope you have enjoyed your workshop & please look at others that are available online.

Please feel free to leave a comment if you have any questions and don't forget to download and print the instruction below.

