

Materials

Painted Heart with colour wash finish

1 Plaster Heart

Base colour paint, Passion for DIY Chalk paint

Paint for colour wash Passion for DIY Chalk paint

Paint brush

Dry brush (Chip brush/ hog hair brush)

Gold paint for highlights

Sealer Passion for DIY Polysealer

Hairdryer (optional)

A dry rag & a damp rag

You can use this process on any project but we used a decorative plaster heart from Verdigris Studio.

Make sure you have all of the supplies on hand before you are ready to start your project.

1 Apply a coat of basecoat to your heart or chosen project. Make sure you don't put too much paint on as it will clog up all of the detailed parts and take longer to dry. I find it easier to hold it in my hand so you can move it around and see all angles. The paint is water base so will wash off hands quite easily.

2 Dry the first coat on the front. You can use a hairdryer if you have one but make sure you allow the heart to cool down before applying the next coat. If you don't have a hairdryer you will need to let it dry naturally about 30-50 minutes. Apply two coats to the front and back drying in between each coat. When your final coat is dry you are ready for the colour wash.

[See Video #1](#)

You will need your dry rag and damp rag for this stage.

3 In a container mix your colour wash paint with water 50:50, this will give you a light wash, if you want a darker finish you can make your wash 30:20.

4 Make sure your heart has cooled down from drying then quickly apply a coat of the wash you have mixed, You don't need to paint like you did with your base coat you just need to smoosh it on making sure you don't miss any bits. Holding in your hand through this process is also easier (but messy).

5 Dab the whole heart with your dry cloth then with your damp cloth start gently wiping away as much of the dark that you wish. Keep in mind that keeping some depth of darkness will make your highlight show up better. Be gentle when wiping your heart as it is only touch dry and if you are too rough you may wipe off some of your base paint. Dry completely

6 When you turn your heart over you will see that the back is messy so just apply some of the black wash to the back and dab with the damp cloth to make a marble effect. Dry well.

[See Video #2](#)

7 To apply the gold highlights you will use a dry brushing technique which will come in useful on many projects. You can use any flat brush that is dry but the best tool for this is a chip brush or natural bristle hog hair brush. The brush must be dry with no residue of wetness.

8 Dip the tip of your dry brush into the gold paint then on an old container lid or similar wipe the brush back and forth to work the paint into the brush then do the back & forth onto a paper towel to remove most of the wet paint.

9 With a wrist action almost tickle the heart with the brush and build up the desired amount of highlight.

[See Video #3](#)

10 Finally you are ready to seal the heart. With a clean brush apply a light coat of sealer, if you put too much on you will get dribbles and runs so if this happens wipe your brush on a paper towel to remove excess then brush the remaining sealer over the entire piece until it is covered. Dry.

11 Apply 2 -3 coats on both the back and front drying in between coats.

Your Heart is now complete but give it 24 hours to dry completely before hanging on the wall.

See Video #4

This is such a great technique that you can apply on other exciting projects.

The technique is the same whatever the size project you are working on. If working on large projects you may have to work in sections.

I hope you have enjoyed your workshop & please look at others that are available online.

Please feel free to leave a comment if you have any questions and don't forget to download and print the instruction below.



