## How to make and easy screen print

I found this cool technique in an old art folder of mine. I haven't tried it until today and I changed a few things but it still worked. Always exciting stuff to try.

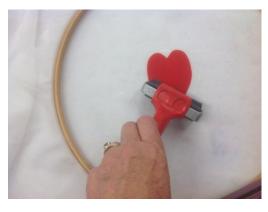
You will need an embroidery hoop, sheer mesh curtain fabric, gel medium, a piece of sticky contact paper, thick paint and something to paint it on.



You will need an embroidery hoop and some sheer curtain mesh



Cut a piece of curtain to fit hoop you have, place it between the rings and tighten screw. Make sure it is pulled taught and curtain is tight.



Cut the shape you want your print to be from contact adhesive (I used a simple heart shape to start with) and stick it to the centre of the mesh. Roll it with so that it sticks well.



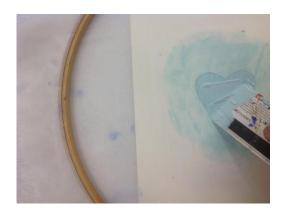
Using Gel medium brush a good layer all around the sticker, go wide so you have room to spread your paint later. Be careful not to get it under the sticker or your print will be rough.



Do a couple of coats of Gel medium to make sure it is completely blocked where you don't want the paint to be..



When dry remove the contact sticker to reveal your print area.



I just used piece of art paper to try it on but you could use any type of surface I used a thickish acrylic paint and scraped it through the print area carefully with a credit card. The area that was painted with gel blocked the paint so it only went through the design area.



Yes it worked great. Here is my simple screen printed heart. Not bad for a first time. Next time I will try something a bit more detailed.